



## Our Mission:

Our mission is to provide the highest quality home health patient care guided by a tradition of compassion, respect and clinical best practices under the supervision of a physician.

## Anti-Discrimination Policy:

Patients and employees are treated without regard to race, color, religion, age, gender, sexual orientation, place of national origin or disability.

## Our Vision:

We envision a true devotion to caring and cost effective home healthcare delivery systems to patients of diverse backgrounds in the community.



The Joint Commission  
National Quality Approved

### Insurance We Accept:

- Medicare
- Medi-Cal
- Commercial Insurance
- Private Pay

### Service Areas:

Alars Home Health LLC serves the Greater Sacramento Area including portions of the following counties:

- Amador
- El Dorado
- Nevada
- San Joaquin
- Sacramento
- Placer
- Solano
- Sutter
- Yolo
- Yuba

**We admit patients on weekends and holidays**

**On-call nurse  
24/7**

#### Office Hours:

Monday - Friday | 8:00am - 4:00pm

4234 N Freeway Blvd, Suite 200  
Sacramento, CA 95834

Ph.: (916) 648-1120  
Fax: (916) 993-4815



A True  
Devotion to Healing

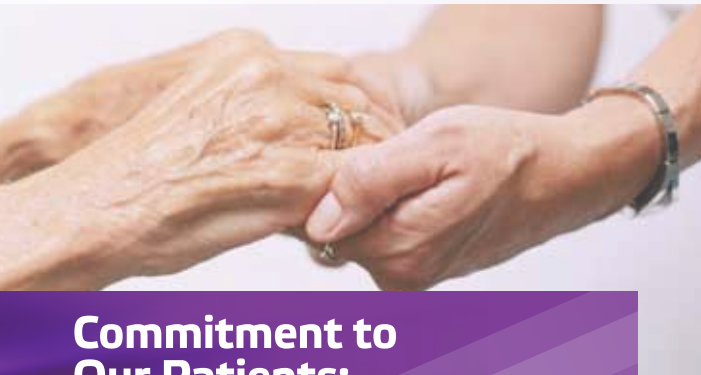




## Our Team:

Alars Home Health, LLC is a multi-disciplinary team of health care professionals that includes:

- Registered Nurses
- Physical Therapists
- Occupational Therapists
- Medical Social Workers
- Home Health Aides



## Commitment to Our Patients:

We recognize the unique physical, emotional, and psycho-social needs of each person receiving health care in the home.

We strive to extend the highest level of courtesy, safety and quality service to patients and their family/caregivers.

## We Can Help:

### Skilled Nursing Services

- Comprehensive health assessment
- Wound Care and Wound Vacuum
- Compression dressing
- I.V. Infusion and PICC line care
- Post-surgical care and suture/staples removal
- Medication reconciliation and management
- Colostomy/ileostomy and Foley catheter care

### Physical and Occupational Therapy

- Restoration of function and mobility, strength, and endurance through therapeutic activity and instruction
- Instruction on the proper use of assistive equipment, safe ambulation and transfers
- Assistance in increasing independence in activities of daily living such as bathing, dressing, eating, mobility skills
- Assistance to family and caregivers to maximize the patient's rehabilitation process



### Medical Social Work

- Direct and indirect social and psychosocial services to patients in the home and community setting
- Comprehensive assessment of psychosocial status and needs of the patient
- Assisting with social and financial community resources
- Assisting in dealing with social and emotional factors related to illness

### Certified Home Health Aide services

Assistance to patients in personal care, hygiene, light housekeeping (under guidance and supervision of the agency's licensed personnel)

